

~2017~



<u>PROGRAM</u>	<u>DATE</u>	<u>SCHEDULE</u>	<u>COST</u>	<u>OPTIONS</u>
Fall Boot Camp	Aug 28—Oct 6 *(6 weeks)	MWF @ 6:00am <u>Running Club</u> Tues @ 6:00am	\$165*	*(6 weeks) 2x/week = \$100 3x/week = \$125
Strength Session	Oct 9—Nov 17 *(6 weeks)	MWF @6:00am <u>Running Club</u> Tues @ 6:00am	\$165*	*(6 weeks) 2x/week = \$100 3x/week = \$125
Holiday Blitz	Nov 27—Dec 22 *(4 weeks)	MWF @ 6:00am	\$80*	*(4 weeks) 2x/week = \$60
January Boot Camp	Jan 8—Feb 16 *(6 weeks)	MWF @ 6:00am	\$125*	*(6 weeks) 2x/week = \$100

** Be sure to sign up early as space is limited.

Go to [Contact Us](#) or Call **318-3035** or **318-4782**